



## Amber teething necklace

### Amber teething necklaces: the basics

Amber has been worn for centuries as a natural remedy for pain relief and to promote fast healing and boost the immune system. Wearing amber in the form of a necklace is a traditional European remedy for teething babies.

Babies should be supervised when wearing amber necklaces as there is a risk of strangulation and choking.

Amber necklaces are made for wearing, not for chewing.

### Before you buy an amber teething necklace

The Ministry of Consumer Affairs can't state whether the therapeutic claims for these types of teething necklaces are true. Parents and carers of teething babies who use these teething necklaces need to consider that there is a risk of strangulation and choking.

The baby will need to be closely supervised when wearing the amber teething necklace.

### How to use amber teething necklaces safely

These necklaces are not designed or intended for babies to chew on, but rather the suggested pain relieving effects are gained through the wearing of the amber beads next to the skin.

Babies should always be supervised when wearing amber necklaces – there is a risk for strangulation or a hanging hazard.

There is also a risk of choking hazards if the necklace breaks and beads become loose. Some amber necklaces have knots between individual beads to help lower this risk.

Amber necklaces should be removed from a baby when the baby is unattended even if this is likely to be for a very short period of time. Babies should not be left wearing necklaces while sleeping – whether that is during the day or overnight.

### Got a problem with amber teething necklaces?

If you have a safety problem with amber teething necklaces you can report it to the Ministry of Consumer Affairs.

[Report an unsafe good.](#)

Under the Consumer Guarantees Act you can get a refund, replacement or compensation if goods are unsafe.

[Find out whether you can get a refund and how to do it.](#)