



Help and contacts

Resources

We have produced a booklet containing all of this information.

[You can either download it here \[PDF\]](#)

[Or you can order it from us here.](#)

[Watch the Keep Your Car television advert which supported this campaign on YouTube.](#)

Getting help

There are a range of agencies that are willing to explain your options either over the phone or in person. These are free services and if you are still confused as to your rights they can help you out by telling you what your best course of action is.

Budget Advice

[Visit the Budget Advice Service](#) or contact by calling 0508 BUDGETLINE (0508 283438).

Understanding Your Credit Contract

[Community Law Centres](#) can help you understand your credit contract. Contact details of your local Community Law Centre are in the White Pages.

Consumer Advice

Your local [Citizen's Advice Bureau](#) can help you with general consumer advice.

Find your local Citizen's Advice Bureau in the White Pages, call 0800 FOR CAB (0800 367 222) or visit in person.

Insolvency issues

[Contact the Insolvency and Trustee Service](#) or call 0508 INSOLVENCY (0508 467 658).